

**Registration Form**

**Intended audience:** Parents/caregivers of adults and/or children living with Intellectual/Developmental Disabilities, Mental Health Diagnoses or both.

**Cost per person:** \$320.00

**8 Weeks Training (Tuesdays 10am to 1pm)**

- |   |  |
|---|--|
| 1. Understanding Behavior               | 5. Planning for Transitions              |
| 2. Communication 101                    | 6. Being person centered                 |
| 3. Self-Care & Mindfulness              | 7. Crisis Prevention and Response        |
| 4. Navigating Systems & State Resources | 8. Trauma and the Stress Response System |

Series 1: April 7th- May 26th, 2020 (Deadline for registration is March 31<sup>st</sup>)

Series 2: September 8 – October 27, 2020 (Deadline for registration is September 1<sup>st</sup>)

Please select the series you plan to attend and complete the registration information below. You will receive a confirmation email once you have been registered and payment has been received.

<b>Name</b>	
<b>Address</b>	
<b>Phone Number</b>	
<b>Email</b>	
<b>Accommodations</b>	
<b>Payment Type</b>	<input type="checkbox"/> Waiver <input type="checkbox"/> Self-Pay <input type="checkbox"/> Other:
<b>Waiver Funding</b>	Have you submitted the request to your case manager <input type="checkbox"/> Y or <input type="checkbox"/> N

**Please send your completed registration to:**

**Mail:**  
Main Street Family  
Services  
400 Jackson Ave NW  
Ste 101  
Elk River, MN 55330

**Fax:**  
763-595-1421

**Email:**  
[administrator@mainstreetfamilyservices.org](mailto:administrator@mainstreetfamilyservices.org)

**\*\*Trainings will be held in Elk River, Mn. Your registration confirmation email will contain more details.**